



COVID has certainly taught us the need to be prepared and have a health care strategy

Hoping for the best without proper planning is never an option because living is dangerous to your health!!

MyDignity plans are distinctive with a zero-day waiting period to receive benefits

DID YOU KNOW THAT...

Disability, Critical Illness and even Health plans, have gaps in coverage as they are not intended or designed to cover expensive Home Care Costs.

- 1 in 3 Canadians are disabled for a minimum of 3 months before age 65
- 1 in 2 Canadians will develop cancer in their lifetime
- 74% of people 65+ will require assistance for care issues in their lifetime.

Some of vital services you can choose from include personal support workers, prepared meals, home conversion expenses, incontinence supplies, respite services, and many more.

Click [HERE](#) to view our informative brochure.